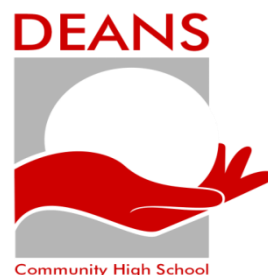


Deans Community High School Sauna Timetable from 1st December 2014



Monday

8:00am-10:15am Mixed
10:30am-12:15pm Women
12:30pm-3:15pm Men
3:30pm-9:30pm Mixed

Tuesday

8.00am-10.15am Mixed
10:30am-12.15pm Men
12:30pm-3:15pm Women
3:30pm-9:30pm Men

Wednesday

8.00am-10.15am Mixed
10:30am-12.15pm Men
12:30am-3:15pm Mixed
3:30am-9:30pm Women

Thursday

8.00-12.15pm Mixed
12:30-3:15pm Women
3:30-7:45pm Men
8:00-9:30pm Mixed

Friday

8.00-10.15am Mixed
10:30-12.15pm Women
12:30-9:30pm Mixed

Saturday & Sunday

9:00 - 4:30pm Mixed

You can also have a swim when there is a public session during your sauna time if you check with the swimming timetable.

Sessions may be restricted to one hour at busy times



Eastwood Park
Livingston
West Lothian
EH54 8PS
01506828155 (Option 3)