

# Deans Community High School

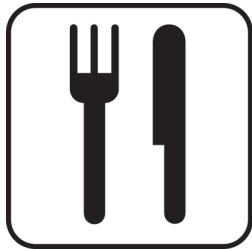
# UPDATE

[www.deanscommunityhighschool.com](http://www.deanscommunityhighschool.com) email: [wldeans-chs@westlothian.org.uk](mailto:wldeans-chs@westlothian.org.uk)



## School Meal Provision

West Lothian Council continues to make available a daily school meal for all P1 to P3 children, and at the same time are providing a daily meal for children from P4 to S6 who are entitled to Free School Meals during the 2019/20 academic year.



The council recognises the financial pressure on households due to the impact of coronavirus (COVID-19) therefore, in addition to the availability of school meals, the council will make an award of £10 per child, per week to support parents or guardians with the purchase of food.  
More information:

<https://www.westlothian.gov.uk/article/56254/Update-on-School-Meal-Provision>

## Having Difficulty Accessing Food

More information for families finding access to getting food supplies difficult:

<https://www.westlothian.gov.uk/article/52947/Access-to-Food>

## Health & Wellbeing Mindfulness for Students

Are you interested in learning a technique which can help you deal with stress, feel more relaxed and get to know how your own mind works?

Mrs Emmett is running a weekly online Mindfulness meditation course from now into summer. All students welcome.

If you are interested or would like more information contact Mrs Emmett: [lisa.emmett@westlothian.org.uk](mailto:lisa.emmett@westlothian.org.uk)



### Contact Email for Heads of House

Cairnpapple: [gemma.thomson@westlothian.org.uk](mailto:gemma.thomson@westlothian.org.uk)

Dechmont: [lorraine.clark@westlothian.org.uk](mailto:lorraine.clark@westlothian.org.uk)

Houstoun: [robert.gray@westlothian.org.uk](mailto:robert.gray@westlothian.org.uk)



### Contact Email for Depute Heads

S1 and S2: [stephen.small@westlothian.org.uk](mailto:stephen.small@westlothian.org.uk)

S3 and S4: [dawn.fleming@westlothian.org.uk](mailto:dawn.fleming@westlothian.org.uk)

S5 and S6: [caroline.bleach@westlothian.org.uk](mailto:caroline.bleach@westlothian.org.uk)

As always, please take care and stay safe.

Pauline Allison  
Head Teacher



As normal our website - [www.deanscommunityhighschool.com](http://www.deanscommunityhighschool.com) - contains information updates for students and parents/carers. Have a look in our News items and the Information sections in Student Zone & Parent/carer Zone. Our Health & Wellbeing section is also updated with information and resources.

