## Deans Community High School

on Home Learning 22/5/20



## **Health and Wellbeing**

www.deanscommunityhighschool.com email: wldeans-chs@westlothian.org.uk

Tasks and advice to support the mental health and wellbeing of our students have been added to GLOW and the website. Mrs Emmett created a mindfulness session on video that students can join in with from the school website.

Our school counselling service, YourSpace, have continued to work with our young people, offering a digital support service, whilst a support powerpoint has been added to the school website and there are daily updates on twitter and the school app with information on different supports that are available.





Week 4 - 19 May 2020

## Cooking for your local hero

Learning Intentions: To research and plan a meal for your local hero.

To develop teamwork and creativity in a kitchen environment.

- <u>TASK 1</u>: Chat with your brother/sister/parent/guardian and decide who you're going to cook for.
- Find out your hero's likes and dislikes in food.
- Plan your 3-course (or fewer) menu. (New ideas in QMS RECIPE booklet)
- Check the fridge, freezer, cupboards, garden (veg and herbs) for ingredients before making your shopping list.
- Decide who's shopping, cooking, helping prepare, setting table, dishes, etc.
- Prepare, cook and serve a delicious meal for your local hero.
- Take photos or film this special event.

There are starter, mains and dessert recipes in FILES. Alternatively use your own family recipes or look on-line e.g. BBC Good Food, Mary Berry, Jamie Oliver - there's sometimes helpful videos too!

A recent **Practical Cookery Task** was to prepare and cook a meal for your local hero.

One of our students is our hero too, they have worked so hard, in school and at home, learning to cook and also taste the food they have made.

This week they chose to prepare a meal for their family and the menu was Lentil Soup, Chicken and Bacon Tortellini with Garlic Cheesy Bread and Shortbread. *Well done!* 





As normal our website - **www.deanscommunityhighschool.com** - contains information updates for students and parents/carers. Have a look in our News items and the Information sections in Student Zone & Parent/carer Zone. Our Health & Wellbeing section is also updated with information and resources.



The **BIT** department have been using Sway to create lessons. Sway is a really nice way of presenting information where you can embed short quizzes and video clips and make the information quite interactive. They have also included some voice recordings describing difficult areas or new areas to students. Students can also, where required, use the accessibility view which changes the layout into a more simplistic view.

This lesson includes an embedded video: <u>https://sway.office.com/DUkFGD82XqYM0PUw?ref=Link</u>



This the idea of the business - how will you use the land, labour and capital to make a profit? For example, Arnold Clark, who founded a business selling cars, showed great enterprise. *Think of entrepreneurs*.



## This lesson includes an embedded quiz: <u>https://sway.office.com/2E3VanWeCtv45piB?ref=Link</u>



Staff have also been creating instruction videos and embedding them into a sway for students to access via teams. They have also embedded forms for assessment purposes and knowledge checkers into the sways. Tasks have been issued via assignments.

This is an example of a sway for higher administration:

https://sway.office.com/fGIGKHwRd1ryRMds?ref=Link



In **Modern Languages**, digital learning is taking place for BGE and Senior Phase students via private online channels set up by staff.

Videos explaining the tasks for the day are shared with students (just like a normal lesson but shorter).

There are also weekly challenges. This week a member of staff shared a video of their Dad (a great cook!) making a Spanish omelette and challenged students to try to make the recipe with their families.

National 5 and Higher Classes have enjoyed doing online speaking with their teachers on Teams.

To support our alternative curriculum for students, staff have been adding audio files to worksheets to help them through the task.



Our **Enhanced Transition** for new S1 started this week. On Monday and Wednesday afternoons Learning Support staff have been doing video meetings in the Teams group and have started supporting students to complete the first part of their transition booklet. They also helped answer some of the many questions that the Primary 7's had.



Science Club has just launched this week on Teams. Our senior Science Club Leaders and the Science teachers are setting the junior students weekly at home Science and Engineering challenges to encourage them to continue developing their practical skills during remote learning. This week's challenge is "Crystallisation using Sugar".





