

# Activity Days Guide & Frequently Asked Questions

Your guide to selecting activities.

Deans Activity Days  
are on for two days,  
Wednesday 26<sup>th</sup> and  
Thursday 27<sup>th</sup> June.

# Alton Towers

If you have already arranged to go to Alton Towers on Wednesday 26<sup>th</sup> you will only need to select an activity for Thursday 27<sup>th</sup>.



# Swimming

- Relaxed swimming sessions. PM sessions include the giant inflatable!



# Book Folding & Paper Craft

- Create your own book art display from a selection of patterns.



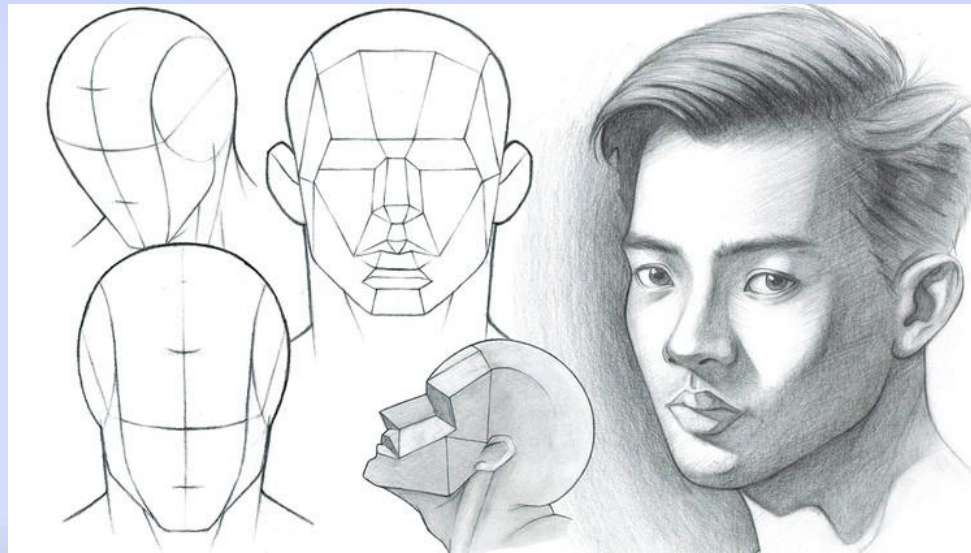
# Clay Work

- Relax and produce something unique.



# Portrait Drawing

- Spend some time in art developing your portrait-drawing skills.



# Making in the Workshop

- Spend some time in DMG creating different items using the equipment.



# Pamper

- A relaxing way to spend a few hours.
- Nails
- Hair
- Read magazines
- Watch movies





# Chess & Board Games

- Chess, Risk and other classic games like Monopoly and Cluedo are available.



# Multi- Sports

Gaelic Football

Football

Netball

Handball

Tennis

Basketball

Fencing

Badminton

A variety of sports to choose on the day.



# Rocketeering

- Rocketeering Real Rocket Science.
- Have fun as you build and launch your own rocket.



# Mountain Biking - Beecraigs Country Park

- Beginners: An introductory course for those new to the sport
- Off-road: For more advanced cyclists
- You must bring your own helmet and bike



# Baking & Cake Decoration

- Have fun as you bake a variety of different things.



# In School Activities



## Gardening

If you have green fingers or would just like to spend the afternoon helping our school garden develop, pick this activity.



# Computer Games Development

- Computer Games Development.
- A chance to design and create your own game.



# Walk to the Cinema

- Enjoy the walk to the Vue to see one of the latest movie releases.





# Edinburgh Zoo and Five Sisters Zoo

Cost: £15 each



# Blair Drummond Safari Park

Full day trip to Scotland's leading safari park. Cost: £15



# Kelvingrove Museum & Art Gallery

- Kelvingrove Museum & Art Gallery. Travel from Livingston North through to Partick station and then walk to the Art Gallery.



# National Museum of Scotland

- Travel by train from Livingston North Station then explore the museum. **Cost: £5**



# Time Capsule

- Time Capsule – Coatbridge – go swimming and ice skating on the same day. Cost: £15



# Walk to Innoflate



- **Two hour session.** Socks are included in the price.
- This is a morning activity only. Please choose another activity in the afternoon session.
- Cost: £15

# Laser Quest and Mini Golf



- Train from Livingston North to Edinburgh.
- Go to laser quest and mini golf at fountain bridge retail park
- Cost: £20

# Falconry and Critters



Get to handle a variety of birds of prey as well as exotic critters!





# Code of Conduct

- Your health, safety and welfare on this visit are of paramount importance to the school. In line with West Lothian policy, to ensure that the above aims are met, each participant and their parent / carer must sign that they agree to abide by the following “Code of Conduct”.

# Code of Conduct

- Normal school rules apply – a high standard of behaviour is expected.
- Be punctual at all meeting times.
- Always wear a seatbelt on the coach.
- Mobile phones numbers should be given to teacher leading excursion.
- No pupil should ever be on their own.
- Purchase, carrying or consumption of alcohol, tobacco or illegal substances is strictly forbidden.

# What do I do to select in-school activities?

Tuesday 27th  
June

Choose an activity from each section

All activities in this section are FREE

Activity		Activity		Activity	
9-11 am	Tick	11.15 - 1.10pm	Tick	1.50 - 3.30pm	Tick
Swimming		Swimming		Swim Fun	
Book Folding & Paper Craft		Book Folding & Paper Craft		Book Folding & Paper Craft	
Art Workshop	<input checked="" type="checkbox"/>	Art Workshop		Art Workshop	<input checked="" type="checkbox"/>
Archery	<input checked="" type="checkbox"/>	Archery		Archery	
Pamper Products		Pamper Products		Pamper Products	
Chess & Board Games		Chess & Board Games		Chess & Board Games	
Multi Sports Football, Gaelic Football, Basketball		Multi Sports Football, Gaelic Football, Badminton	<input checked="" type="checkbox"/>	Multi Sports Netball, Gaelic Football, Tennis	
Rocketeering		Rocketeering		School Garden	

Wednesday 28th  
June

Choose an activity from each section

Scuba Diving is £15 per session. Other activities in this section are free

Activity		Activity		Activity	
9-11 am	Tick	11.15 - 1.10pm	Tick	1.50 - 3.30pm	Tick
Scuba Diving (£15 & Medical Form)		Scuba Diving (£15 & Medical Form)	<input checked="" type="checkbox"/>	Scuba Diving (£15 & Medical Form)	
Book Folding & Paper Craft		Book Folding & Paper Craft		Book Folding & Paper Craft	
Art Workshop		Art Workshop		Art Workshop	
Pamper Products		Pamper Products		Pamper Products	
Chess & Board Games		Chess & Board Games		Chess & Board Games	<input checked="" type="checkbox"/>
Multi Sports Football, Badminton, Cricket	<input checked="" type="checkbox"/>	Multi Sports Football, Handball, Cricket		Multi Sports Football, Handball, Tennis	
Rocketeering		Rocketeering		School Garden	

**Tick only one activity per section.**

# What do I do if I want a full day event?

Or Choose an "All day" Activity

All Day Event Tuesday	Cost	Tick
PS4 FIFA Tournament (Must have own controller and a partner to play with)		
Baking and Cake Decoration		
Computer Games Development		
Walk to Cinema	EE2 £7.00	<input checked="" type="checkbox"/>
Walk to Jump Stations	EE2 £8.00	
Safari Park	EE2 £15.00	
Mountain Biking (You require your own bike and helmet)	EE2	
Glasgow Kelvingrove Art Gallery & Museum by Train	EE2 £9.00	
Time Capsule Swimming and Skating	EE2 £15.00	
Blackpool Trip	Organised	

Or Choose an "All day" Activity

All Day Event Wednesday	Cost	Tick
PS4 FIFA Tournament (Must have own controller and a partner to play with)		
Baking and Cake Decoration		<input checked="" type="checkbox"/>
"YDance" Workshop		
Walk to Cinema	EE2 £7.00	
Walk to Jump Stations	EE2 £8.00	
Safari Park	EE2 £15.00	
Orienteering and Rock Climbing	EE2 £15.00	
National Museum of Scotland in Edinburgh by Train	EE2 £4.00	
Time Capsule Swimming and Skating	EE2 £15.00	
Five Sisters Zoo	EE2 £15.00	

**Tick one activity only for that day.  
 Select your activity for the other day.  
 It can be another one day activity or a  
 mix of different events**

# Will I get my lunch?

- If you are doing an out of school activity and you are entitled to free school lunches, a packed lunch will be provided for you. If you are not entitled to free school lunches then you need to bring a packed lunch
- If you are in school you will get served in the restaurant as usual.

# Do I need to return the EE2 form?

- If you choose an out of school activity you **must** return a signed copy of your EE2 form with your Selection.
- **No EE2 form means you will not be leaving school!**
- **For Scuba diving – you must also return your completed Medical Form**

# When do I pay my money?

- Payment needs to be made by June 13th. West Lothian Councils' preferred method of payment is online iPayimpact. Please contact the school office should you require an activation code.
- If there is a problem getting the money by that date then speak to Miss Campbell (PE).

# Do I get my money back if I don't go ?

- Refunds will not be given if you fail to attend.



# What if I don't want to do any of the activities?

- You can choose not to participate, but if you do you will be given work in a classroom.

# Any Further Questions!

- Speak to Miss Campbell in the PE Department. But don't come during lesson time.
- Mr Steele will answer questions on Mountain Biking.