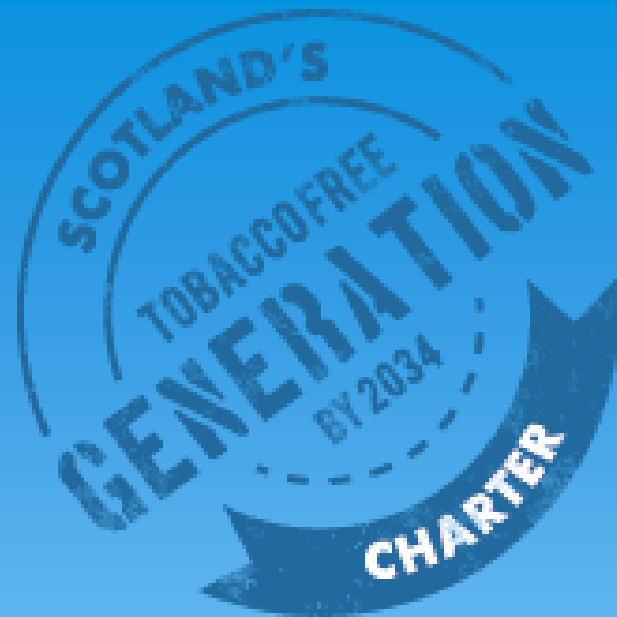


Community High School



Fresh Air Policy

Deans Community High School



“No Smoking Day”

*This year, no smoking day is
Wednesday 8th March 2017.

www.youthworkessentials.org/youth-tobacco



What is our “fresh air policy?”

- * Students, staff and visitors at Deans Community High School are entitled to breathe fresh air!
- * Smoking is not allowed at our school – including the school grounds and entrances!
- * Smoking is the largest preventable cause of illness and early death in Scotland!

First Impressions

- * If you see a group of people smoking outside a building, what are your first thoughts?
- * Who else uses our school?
- * What visitors come in to Deans CHS?
- * Do these people get a positive first impression of our school if people are smoking outside?



Who does our policy apply to?

- * **All** students
- * **All** staff
- * Community
- * Visitors
- * Parents/carers



www.wldas.com

What will happen?

- * Anyone found to be smoking within the school grounds will be reminded that DCHS has a “fresh air policy” and will be asked to stop.
- * The individual will be reported to the head teacher/depute head teacher.
- * They will be offered support from Pupil Support and also “Cloud 9” to stop smoking. Cloud 9 offer group appointments as well as individual appointments!

Cloud 9

- * Cloud 9 is a project designed to support and assist young people to reduce or stop smoking.
- * They offer:
 - * Free and confidential advice
 - * Advice and support from fully trained staff to help young people quit
 - * Individual appointments
 - * Nicotine replacement prescriptions can be arranged
 - * Peer support
 - * Stress management
 - * Education and health promotion
 - * Ongoing support
- * If you are interested in receiving more information on Cloud 9, please see Pupil Support!



Breaches of the policy

- * Students identified as smoking will receive a letter home. This letter will also have details of stop smoking support.
- * Sharing/selling cigarettes is also prohibited at DCHS.
- * No tobacco products should be brought to school (including e-cigarettes).



www.wldas.com

Our aim at DCHS:



Where can I find our “Fresh Air Policy?”

- * Our “Fresh Air Policy” will be available on our website from Wednesday 8th March 2017 (No Smoking Day!)
- * It will also be available at the front office for parents, carers and visitors to view.



www.youthworkessentials.org/youth-tobacco

For further information:

- * <http://www.ashscotland.org.uk/>
- * <http://www.wldas.com/young-peoples-services/>
- * <https://www.relate.org.uk/relationship-help/help-family-life-and-parenting/parenting-teenagers/alcohol-and-drugs/help-your-teenager-quit-smoking?gclid=CNGI4vShgNICFYIKowodoGgEbQ>
- * <http://www.nhs.uk/livewell/smoking/Pages/stopsmokingnewhome.aspx>

Thank you!

**Thanks to Kieran Weir and Ross Gilmour
for designing the following posters to
advertise our Fresh Air Policy.**

**These posters are uploaded in the Health and
Wellbeing section of the website and will
also be displayed around the school!**

Deans Community High School

Support
our

fresh air

policy



Helping to keep our school and grounds smoke free

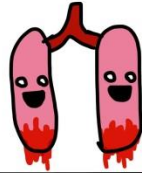


Deans Community High School

Support
our

fresh air

policy



Pink lungs are better
than black ones!



More **MONEY** for
AWESOME STUFF!



Design: Kieran T. Weir S1



Design: Kieran T. Weir S1

Helping to keep our school and grounds smoke free



Deans Community High School

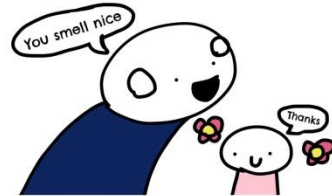
Support
our

fresh air

policy



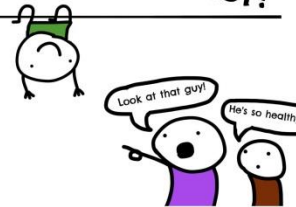
You smell better
than before!



Design: Kieran T. Weir S1

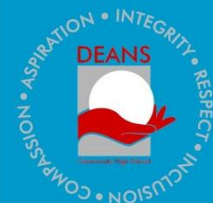


You're healthier!



Design: Kieran T. Weir S1

Helping to keep our school and grounds smoke free



www.youthworkessentials.org/youth-tobacco

Smoking App



www.wldas.com

Deans Community High

Support
our

fresh air
policy

Make Healthy Choices



Helping to keep our school and grounds smoke free

Design: Ross Gilmour S3



www.youthworkessentials.org/youth-tobacco



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Design:
Ross Gilmour S3



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Design: Ross Gilmour 53



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